

## PLANTS FOR BIRDS

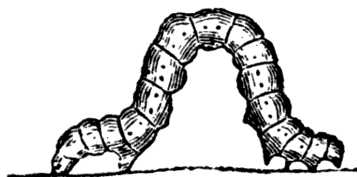
Choose plants for frugivores (fruit), granivores (seeds), and insectivores (insects).



- American beautyberry (*Callicarpa americana*) - fruit
- Elderberry (*Sambucus canadensis*) - fruit
- Serviceberry (*Amelanchier*) - fruit
- Blueberry (*Vaccinium*) - fruit
- Hearts a bustin' (*Euonymus americanus*) - fruit
- Swamp dogwood (*Cornus amomum*) - fruit
- Holly/Inkberry/Winterberry (*Ilex*) - fruit
- Plum (*Prunus*: American, Chickasaw) - fruit
- Carolina buckthorn (*Rhamnus caroliniana*) - fruit
- *Viburnum* (maple-leaf, arrowwood) - fruit
- Eastern redcedar (*Juniperus virginiana*) - fruit

- Grey-headed coneflower (*Ratibida pinnata*) - seeds
- Blanket flower (*Gaillardia*) - seeds
- Sunflowers (*Helianthus*) - seeds
- Black-eyed Susan (*Rudbeckia*) - seeds
- Blazingstar (*Liatris spicata*) - seeds
- Mexican sunflower (*Tithonia*) - seeds (annual)
- Hyssop (*Agastache*) - seeds
- *Coreopsis* - seeds
- Coneflowers (*Echinacea*) - seeds
- Switchgrass (*Panicum*) - seeds
- Aster (*Symphyotrichum*) - seeds
- Joe pye weed (*Eutrochium*) - seeds

Many birds are insectivores and need insects to eat; 96% of birds feed insects to their chicks even if they don't eat insects as adults. Support birds by using keystone/host plants and avoid pesticides.



- Maple (*Acer rubrum*) - insects
- Oak (*Quercus*) - insects
- River birch (*Betula nigra*) - insects
- Blueberry (*Vaccinium*) - insects
- *Lobelia* - insects
- Plum (*Prunus*) - insects
- Clumping goldenrod (*Solidago*) - insects
- Aster (*Symphyotrichum*) - insects

Ask about our pollinator plants too! They 'bee' fantastic!